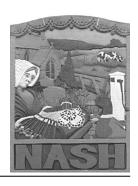
# Nash Village Newsletter





# **All Saints' Church**

The Reverend Jacqueline Dove is Rector of the new Blackthorn Chase Benefice. Her contact details are:01280 817828 and <a href="mailto:revidove@gmail.com">revidove@gmail.com</a>.

**Church Services:** Everyone is welcome at these services In All Saints Church.

Sunday 6 June: Holy Communion 9.30am Sunday 13 June: Evening Prayer 6.00pm Sunday 20 June: Holy Communion 9.30am

Sunday 27 June: Love our World—Outdoor Church 4pm

Sunday 4 July: Holy Communion 9.30am followed by ACPM 10.45am

Sunday 11 July: Evening Prayer 6.00pm Sunday 18 July: Holy Communion 9.30am

Sunday 25 July: Love our World—Outdoor Church 4pm

In Nash, the **Prayer Group** convenes virtually every Wednesday morning to pray for individuals and for our country. If you have a request please let Pam King know.

### Reflections from the Rectory by Rev'd Jacqueline Dove

We had a wedding at Nash on 15 May, a wedding that had already been postponed twice due to COVID. Two days short of 17 May only 15 people were allowed. However, it still had all the essential elements which makes a Church wedding so special. The bride had been baptised in the Church and her parents had also been married at All Saints Church. So, there was a wonderful sense of continuity as sacred words were spoken between the beautiful bride and her loving groom, witnessed by proud parents, in an old building steeped in prayer.

Last year all the churches across the country were forced to close on the 23 March due to the National lockdown, for the first time since 23 March 1208, when worship was suspended for six years by Pope Innocent III, to punish King John. It is significant that lots of people were upset when the churches were closed, including people who don't regularly attend church. Churches have always been associated as places of sanctuary and surely in a time of crises the churches needed to remain open. After all, in our hour of greatest need don't many of us instinctively turn to God in prayer?

1

Nash Church responded by reaching out to people in their homes, sending two weekly emails, put through the door of those without computers, and later services moved onto ZOOM which people could also access via their telephone. So, church continued providing solace and support in a different sort of way.

What is encouraging is that the Christian values that underpin the church could be seen in abundance as the country went into the first lock down. In the midst of great uncertainty love of neighbour became the mainstay. We valued the key workers who often follow in the footsteps of Jesus by default, as they put themselves at risk to serve the needs of others. I think we learned during this time how much we value human connection, and our pets, and that being with others is of far greater value than continually wanting more 'stuff'. Hopefully going forward we might live more in harmony with our planet and stop leaving behind a legacy of plastic. And we definitely learned the value of the countryside reminding us that we can discover God through creation. In other words, we can find peace and joy and awe and wonder at the gift of life when connecting with nature.

As the Church doors open again for prayer and worship, we have started Outdoor Church for every age on the fourth Sunday of every month at 4pm with a particular focus on nature. We hope in time, when the COVID guidelines permit, that this will include walking through the countryside and picnics. Love our World – Outdoor Church is an opportunity to build on what we learned during this past year, as together we connect with God and each other giving thanks for the beauty of the earth and the Christian values which have stood the test of time. Hope to see you there.

Rev'd Jacqueline Dove

#### **HELPING PEOPLE TO RECOVER**

Recovery is important after an illness, a traumatic event or an unexpected challenge in life. It takes time, often longer than expected, and involves a process of engaging with our emotions, integrating our losses, and embracing our new reality.

To help with this process the Blackthorn Chase Benefice is holding a Service of Thanksgiving and Lament for the parishes of Beachampton, Thornton with Nash, Thornborough and Whaddon.

When: Sunday 30<sup>th</sup> May at 10.30 Where: St Mary's, Whaddon.

We will lament our losses, while also giving thanks for those who have served and cared for us (frontline staff), the daily blessings we have experienced, and other signs of God's grace and presence.

Everyone is very welcome.

# Nash Parish Council (NPC) Report

NPC was able to meet in the Village Hall for the first time in 14 months on 20 May 2021. The meeting took place immediately after the Nash Annual Meeting of the Parish. Once available, the minutes for both meetings will be published on the NPC noticeboard and on the NPC website:

http://www.nash-bucks-pc.gov.uk/meetings\_17039.aspx.

#### **Elections 6 May 2021**

The Parish Council was re-elected uncontested in the recent elections:

Cllr David Carter

Cllr Rhys Collins

Cllr Kathy Hickey

Cllr Sally Howard

Cllr Mike Williams

Cllr Barry Wyke

Cllr Len York

d.carter@nashvillage.org

k.hickey@nashvillage.org

k.hickey@nashvillage.org

k.hickey@nashvillage.org

k.hickey@nashvillage.org

k.hickey@nashvillage.org

b.wyke@nashvillage.org

The election for Buckinghamshire Council in the Winslow Ward did see a change – Cllr Goss has replaced Cllr Monger. The newly elected team in Winslow comprises:

Cllr John Chilver john.chilver@buckinghamshire.gov.uk
Cllr David Goss david.goss@buckinghamshire.gov.uk
Cllr Sir Beville Stanier beville.stanier@buckinghamshire.gov.uk

Comprehensive election result information is available on the Buckinghamshire Council website: <a href="https://www.buckinghamshire.gov.uk/your-council/council-and-democracy/election-and-voting/election-results/">https://www.buckinghamshire.gov.uk/your-council/council-and-democracy/election-and-voting/election-results/</a>.

# The NPC Annual Meeting on 20 May 2021

Cllr Mike Williams has been elected as Chair and Cllr Kathy Hickey has been elected as the Vice-Chair.

The Parish Council was pleased to welcome several residents who attended for the discussion about using the S106 funding to refurbish the Play Area on the Recreation Ground. These residents have now accepted the invitation to work on the project with Cllrs York, Howard and Wyke. The project is being led by Cllr York who recently arranged a site meeting with Kompan, a Milton Keynes-based company, to consider the proposals put forward by some of the village parents. In addition to new play equipment, the objectives of the project include replacing the picket fencing with a metal perimeter fence and the failing bark chip with a more sustainable surface. Both the picket fence and bark chip require frequent repair and maintenance — which is proving to be unnecessarily costly. Except for the vintage roundabout, most of the current play equipment will be retained with some TLC if needed. The project group will consider the Kompan quote before approaching other companies. NPC

hopes to be able to approve the way forward in July. Please get in touch if you'd like to be involved with this project.

Other matters of business dealt with by NPC which may be of particular interest to residents include:

The decision to explore whether it would be preferable to remove the redundant bus shelter and replace it with a new structure to house the proposed book exchange. The community will be consulted further in due course about the scope of the 'book exchange'. The addition of a seed exchange and/or an outlet for surplus allotment crops have already been suggested. The Whaddon 'Bus Stop Swop Shop' includes books, educational toys, CDs, and videos. As does the 'book exchange' in Thornborough. Please send your suggestions to the Parish Clerk.

The parish asset maintenance priorities for 2021/22 are the renovation of both village pumps and the pond bridge. Quotes will now be sought. NPC also hopes to be able to renovate some of the benches, possibly with the help of volunteers. If you'd like to help, please get in touch.

Alison Robinson <u>clerk@nash-bucks-pc.gov.uk</u> M: 07756247186

# Nash Neighbourhood Plan

The Nash NP Committee were pleased to be able to update the Nash Parish Council concerning progress, in person, at their meeting of May 20th, 2021

As all were aware, the Neighbourhood Planning process, like so much nonessential work, was put on hold with the outbreak of the COVID pandemic in March 2020. This applied nationwide, but was especially unfortunate for us as we had just sent our NP to AVDC to begin the process of external examination.

Since then, AVDC has ceased to exist, but we are still dealing with some of the people we worked with under AVDC, so when we were told in March 2021 that Neighbourhood Plans were back on the Agenda, we contacted Bucks CC in early April to restart the process.

Of course, nothing is ever simple. They said that since we submitted, before COVID, new Whitehall rules have come into force on accessibility for all documents published on all government Websites. The aim is the laudable one of making the documents posted online clear to everybody, regardless of their abilities. But it did mean that we had to take our documents back and re-edit them. In practice this meant that we had to add hidden text (termed ALT Text) to every diagram and picture, giving a text description of it. We then had to resubmit them as Word, PDF, and Web versions. We have done this, but the documents, even when zipped up to reduce their size, now amount to 52MB of data.

The world, including that of planning, continues to advance. Given COVID

we were pleased that a late section added to the NP emphasised support for home offices. We have recently discussed this trend with Bucks CC planning and although they do not have a specific policy on home offices, they are able to offer guidance on what is acceptable and what is not. If you are considering working more from home and enhancing your house with a dedicated work area of any sort, you might like to contact them before you spend any money, so you can focus your design choices within their constraints. No point in wasting money, but good luck if you go ahead.

In support of that it is great to see some residents doing excellent work to get the broadband service in Nash upgraded. The Parish Council did an marvellous job getting fibre into the village a few years ago, but the copper connection from the boxes in the village to our houses has reached its limits. Moving to fibre will allow us to expand with the times, as hoped for in the NP. I checked around when it was mentioned and for the same modest price I pay for my current connection (about 35Mb/s), "fibre to the premises" will give me 120Mb/s. But the real benefit is that in future that can rise and rise as technology allows and demands, which our current copper wire cannot.

Think of it this way. In Nash we have a lovely setting surrounded by fresh air and green fields. A short drive away are all the facilities anybody in the modern world could want, including motorways and fast trains. With fibre to our homes, we will have connections to the whole world as fast as if we lived in the centre of a major city. What more could anybody want when choosing a place to live and work; two activities which will move ever closer together for many of us?

Looking at planning on the regional level, matters have continued to evolve over the last year. HS2 just keeps marching on as is obvious to anybody who has driven west of Buckingham in the last few weeks. As we travel less and do business from home more, only time will tell if the money would have been better spent on broadband and local transport.

But another project - the Oxford-Cambridge Expressway - has been cancelled. This was of direct local interest as it would have gone north or south of Winslow. Maybe it will return in another form? Two members of the committee went to a presentation on the Expressway at the end of 2019, by a group hostile to it, in Winslow. They made it clear that the real purpose of such roads is to allow the building of houses. Planners were quite open about the road hosting 1 million new houses, the equivalent of 10 Milton Keynes sized towns. Those houses will still be needed, so we will all keep watching for, literally, developments.

Amidst all these changes in planning, technology, and society we can all be pleased that, at the one level we can take control, our own village, the Neighbourhood Plan continues to fruition to ensure that our views must be considered whenever future planning decisions are made.



Nash Fest has had to be cancelled for another year but we have **NASH 'B.Y.O'** to look forward to!

What is **NASH** 'B.Y.O'? - 'B.Y.O' stands for 'Bring Your Own' and that is precisely what it is. Just bring....

Yourselves

Your own chairs / table

Your own gazebos\*

Your own food

Your own drinks

Your own entertainment\*

We will provide the venue and the date so we can all be 'together' at last –

# Nash Recreation Ground – 26 June – 2:00 pm. – 10:00 pm.

We hope we can hold this on Saturday June 26, the first Saturday after the next easing of lock down restrictions. We understand that this date is provisional based on the current timetable but if required we can change dates at short notice, such is the flexibility of this event

\*All we ask from you is that you observe the social distancing guidelines that are in place and respect the space and environment of others near you and most importantly **PLEASE** clear up after **yourselves**.

Nash Social Committee will ensure more details are circulated nearer the time but keep a note in your diary!

Watch out for more details via the usual social media and the www.Nash-Social.weebly.com website.

### From the Acting Editor

Welcome to the June edition of the Nash Newsletter. Items for the August 2021 edition should be sent to me by email:. The closing date is **Friday 30 July 2021.** Please get in touch if you are interested in the production of the Newsletter. The Newsletter will cease without a new editor as I am only a stop-gap. *Margaret Hedges* 

The views expressed by contributors to this newsletter are not necessarily those of the Editor or Nash PCC.

Inclusion of an advertisement does not constitute any recommendation or endorsement of the organisations concerned.



# **EASTER QUIZ**

Remember the Easter Quiz

See the next page for answers.

| . Which house might be confused for the 'Bank'?   |             |                   |
|---|-------------|-------------------|
| 2. Which house was the Post Office?   |             |                   |
| 3. Where might you find something 'Frilling'?   |             |                   |
| 1. Greek holiday without flying perhaps?  |             |                   |
| 5. Where do 'Ladies Walk'?  |             |                   |
| 6 and at the southern sign where could this take you virtually? (one for the smartphone user) |             |                   |
| Post times  |             |                   |
| 7. When is the earliest you can get a letter collected on a weekday?                          |             |                   |
| 8. When is the latest collection on a weekday?  |             |                   |
| Anagrams Where are these places in Nash?  |             |                   |
| COGWHEELS TOTALLY 10. ENGLISH   |             | H VALHALLA        |
|   |             |                   |
| 11. A MOULDING  | 12. HOUSEN  | MAID WE MOVE      |
|   |             |                   |
| 13. LOCAL STAINLESS   | 14. ALL LEN | GTHENED SOMETHING |
|   |             |                   |

#### In case of Emergency

15. Where is the Automated External Defibrillator?

16. What number do you call to gain access to the AED? .....

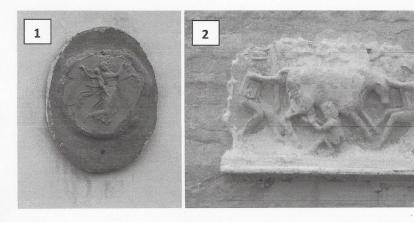
#### **In Memory**

17. Where might 'Val's' friends sit?

17. Where might vars menus sit:

18. How many parishioners 'fell' in the Great War? .....

#### Picture Quiz..



# Nash Quiz Answers

OpenStreetMap contributors

Hopefully this will put you out of your misery if you are still quizzing over the quiz in last edition of the Newsletter...

#### **High Street - Past and Present**

Which house might be confused for the 'Bank'? Bank House
 Where was the Post Office? Penny Black Cottage

3. Where might you find something 'Frilling'? Lacemakers Cottage

4. Greek holiday without flying perhaps? lalysos

5. Where do 'Ladies Walk'? Stratford Road

6. ... and where could this take you virtually <u>www.munzee,com</u>

7. When is the earliest you can get a letter collected on a weekday? 9:00 am

8. When is the latest collection on a weekday? 4:30 pm High Street

#### Anagrams.. Where are these places in Nash?

COGWHEELS TOTALLY
 ENGLISH VALHALLA
 Nash Village Hall

11. A MOULDING Lomagundi

12. HOUSEMAID WE MOVE Meadow View House

13. LOCAL STAINLESS All Saints Close

14. ALL LENGTHENED SOMETHING The Old English Gentleman

### In case of Emergency

15. Where is the Automated External Defibrillator? Village Hall Porch

16. What number do you call to gain access to the AED? 999

### In memory

17. Where might 'Val's' friends sit? Bench by footpath to Pond

18. How many 'fell' in the Great War? 38 men served in

the war. The 5 with crosses died.

Picture Quiz..

1 - Where was the plaque to be found? Cottage by the Post Box in High Street

2 - Where was the plaque to be found? Ringle Crouch (55 High Street)



# **Nash Websites**

The Parish Council's website can be found at www.nash-bucks-pc.gov.uk

The Nash Village website can be found at www.nashvillage.org

The village website has separate tabs for the church and the village hall and contains information about the history of the village and village events.

# **Nash Alert**

If you wish to keep up to date with events in Nash and with planning applications that affect the village, then you should subscribe to Nash Alert which keeps every-one informed. If you are not already on the system please email <a href="mailto:alertfornash@gmail.com">alertfornash@gmail.com</a>

## **Refuse Collections**

The council collect refuse in our area on the following dates but please check on <a href="https://www.aylesburyvaledc.gov.uk/find-your-bin-day">https://www.aylesburyvaledc.gov.uk/find-your-bin-day</a> for updates

**Food waste**: Every Tuesday (except Wednesday 2 June)

General waste: Wednesday 2 June, Tuesdays 15 & 29 June, 13 & 27 July

**Recycling:** Tuesdays 8 & 22 June, 6 & 20 July, 3 August

Garden waste: If you are subscribed to the garden waste service, the

collections take place on the same days as general waste.

If a collection is missed, then report this within 48 hours either by phone (01296 585858) or via the website.



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Please contact Margaret Hedges

m.s.hedges@btinternet.com

if you are interested







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# Relax with Yvonne Clifford Therapies

# JUNE TREATMENT OF THE MONTH: 'SUBLIME WELLNESS'

Drift away as your **Feet** are **exfoliated** with an organic **Geranium and Orange scrub** from Neal's Yard Remedies. Layers of a deeply **nourishing mask** will then be massaged into the feet which will work wonders on dry, dehydrated skin. **Heated booties** will be worn to keep your feet cosy and boost circulation.

Next, slip into a state of deep relaxation with a **Natural Lift Facial Massage** which will help **strengthen and tone your facial muscles**, leaving you looking refreshed and energised with a younger, stress free face. Neal's Yard Remedies soothing Rose facial organic oil will be applied which replenishes your skin's natural moisture levels, providing a natural revitalising boost. This facial treatment also includes a **Shoulder, Neck and Scalp Massage** to help you completely unwind.

To conclude, you will benefit from a tension-relieving Back, Neck and Shoulders Massage with an organic rosehip oil which promotes tissue healing and collagen synthesis which keeps skin smooth and supple. Massage pressure is adapted to suit client preferences and desired outcomes.

#### **The Upgrade Option**

Upgrade to a **blissful 2 hour treatment** and enjoy the deeply therapeutic and balancing powers of **Reflexology** which will leave you with a **profound feeling of wellbeing**. A Geranium and Orange balm will be used to restore radiance and vitality to dull and dry skin.

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### HOW TO ACCESS AND USE THE NASH VILLAGE DEFIBRILLATOR

# WHAT IS A DEFIBRILLATOR OR AUTOMATIC EXTERNAL DEFIBRILLATOR (AED)?

A defibrillator or AED is a portable defibrillator especially designed for people with little or no medical background. It is a computerised medical device that delivers an electrical current through the chest which aims to shock the heart back into a normal rhythm allowing it to pump again. Rapid response using automated technology can significantly improve the quality of life of a survivor. The longer the brain is starved of oxygen, the more damage can occur.

#### WHAT ARE THE PROCEDURES FOR ACCESSING THE DEFIBRILLATOR?

In an emergency you must **call 999** making sure that you give the address from which you are calling. If you use your mobile telephone, this will access any network it is able to link to, regardless of the carrier. Your mobile will transmit your GPS position.

The Nash village defibrillator is located on the wall to the right of the village hall main entrance.

#### HOW IS THE DEFIBRILLATOR ACTIVATED?

In all cases dial 999 first. It is really important to know that the professionals are on their way. The ambulance service will give you the access code to the defibrillator box. If you are willing, they will ask you to get this and commence the relevant actions. If you are on your own, ask friends or neighbours to collect the defibrillator from the village hall. When applied to the patient, voice commands, and screen messages will guide the user step-by-step through the process and its intelligent technology will only allow it to shock a 'shockable' heart rhythm.

#### DO I NEED INDEMNITY INSURANCE TO USE A DEFIBRILLATOR?

No. The patient is for all intents and purposes 'dead' when you arrive. Using cardiopulmonary resuscitation (CPR) with a Community Public Access Defibrillator (CPAD) will hopefully bring them back to life. No one will complain about that! However, calling 999 and taking instructions from the ambulance service will automatically cover you anyway under their insurances. Remember that you must call 999!

#### **DEFIBRILLATOR MAINTENANCE**

The village defibrillator is checked every month by the Village Hall Maintenance Manager. The results of the checks are then recorded on the Community Heartbeat Trust website.

**NOTE:** These access instructions can be used anywhere. Calling 999 from your mobile will give your location. The local ambulance service will guide you to the nearest CPAD.

PLEASE KEEP THIS SHEET FOR FUTURE REFERENCE — Hopefully you will never need to use a CPAD.