# Nash Village Newsletter

# **August and September 2021**





# **All Saints' Church**

The Reverend Jacqueline Dove is Rector of the new Blackthorn Chase Benefice. Her contact details are:01280 817828 and <a href="mailto:revidove@gmail.com">revidove@gmail.com</a>.

**Church Services:** Everyone is welcome at these services In All Saints Church.

Sunday 1 <sup>st</sup> August	9.30am Holy Communion for Lammas
Sunday 8 <sup>th</sup> August	6.00pm Evensong
Sunday 15 <sup>th</sup> August	9.30am Holy Communion
Sunday 22 <sup>nd</sup> August	4.00pm Love your world Outdoor Church
Sunday 29 <sup>th</sup> August	10.30am Benefice Holy Communion service at
	Thornborough to celebrate the official formation of
	the Blackthorn Chase Benefice followed by a
	Benefice lunch in the Rectory garden
Sunday 5 <sup>th</sup> September	9.30am Holy Communion
Sunday 12 <sup>th</sup> September	6.00pm Evensong
Sunday 19 <sup>th</sup> September	9.30am Holy Communion
Sunday 26 <sup>th</sup> September	Harvest Festival – further details to be published later

In Nash, the **Prayer Group** convenes virtually every Wednesday morning to pray for individuals and for our country. If you have a request please let Pam King (pamking199@gmail.com) know.

## Reflection from the Rectory

My first association with Nash was working for Ducklings Montessori Nursery in the Village Hall. I particularly enjoyed walking down the footpath to the recreation ground where we would play all sorts of imaginary games. During this time a number of people at my church, St Mary's in Bletchley, started asking me if I had ever considered being ordained. I hadn't. But I had started to experience a strong sense of being called. I didn't realise this is what it was immediately. To be honest it was rather discombobulating, finding myself sobbing at the altar when receiving the chalice which seemed much larger than it actually was. I remember sitting during lunch time at Ducklings Nursery, when we got to pause awhile as the children sat eating, feeling this deep emotional longing. Rather like when

you fall in love and long to be with that person. It was particularly strong when I was at Nash. I wondered if I was home sick and longing for South Africa.

I ended up seeing a spiritual director, a priest who was also a trained therapist, as I tried to make sense of this strong, somewhat overwhelming desire to worship God with every ounce of my being. I even joked with my husband that perhaps I was being called to be a nun, he didn't think this was funny. Very slowly I came to accept I was being called by God to be ordained.

Here I am back at Nash after a very long road, which involved three years as a Chaplain in a Care Home, three and a half years studying theology part-time, being ordained and three years as a curate. When I was ordained a priest, my sobs could be heard all through the church. Sobs of relief as I felt like I was finally 'home'. So, I had been homesick after all, but not for South Africa. When I was licensed in September last year, I received a document which among other things gives me 'cure of souls' (pastoral care) for those living in the parishes I serve which includes Nash. This includes conducting Pastoral Services such as baptisms, weddings and funerals. Everyone living in the parish as the right to be baptised, married and buried by the Parish Church.

If you are wanting to use the church for a baptism, wedding or funeral please contact either Rev'd John King at <a href="mailto:john.kingsfold100@gmail.com">john.kingsfold100@gmail.com</a> or myself Rev'd Jacqueline Dove, <a href="mailto:revjdove@gmail.com">revjdove@gmail.com</a>, tel: 0120 817828.

The Church is here to care for all.

### **Christian Aid Collection**

Thank you to every-one who made a donation through the Nash envelopes (and to those who made online donations).

The Nash envelopes raised £315 before Gift Aid is taken into account. At a time which is difficult for every-one, the church appreciates support for an organisation such as Christian Aid which provides practical assistance for others who have so much less than us.

Thank you.

### Nash Parish Council (NPC) Report

NPC most recently met on 15 July 2021. The minutes are published on the NPC noticeboard and on the NPC website: <a href="http://www.nash-bucks-pc.gov.uk/meetings\_17039.aspx">http://www.nash-bucks-pc.gov.uk/meetings\_17039.aspx</a>. The newsletter reports are intended to highlight matters of particular interest to residents.

### **Planning and Planning Enforcement**

Planning continues to be a major area of activity. NPC responded to five planning application consultations between its meetings in May and July. A detailed consultation response has just been finalised objecting to the latest Church Farm planning application to build houses in the center of the village. More effective communication channels have been established with the Planning Enforcement Team than was previously the case. NPC was pleased to learn of the team's recent success to restrict occupation to the number of legally permitted caravans at Nash Park.

### The Play Area Refurbishment

The working group met in late-June to consider presentations from Jupiter and Kompan. Both companies are currently working on revised proposals designed to ensure children of all age groups are catered for. A third company, Creative Play UK Ltd, has now been invited to quote. If possible, the working group will hold another open meeting before NPC's next meeting, on 16 September, at which the parish council hopes to be able to give approval to the project.

Pond Volunteer Weekend – Please Save the Dates 4 and 5 September Following the success of the pond volunteers weekends in 2019 and 2020, the fun this year - and it is fun with tasks for all abilities - is tentatively scheduled to coincide with the September PUMP to allow NPC to offer the volunteers a traditional thank you with a drink of your choice. In the age of Covid there are no certainties, so the event won't be confirmed until nearer the time. Assuming it can go ahead, the format will be unchanged with the pond clearing work taking place between 10.00 – 12.00 on both days, more detailed information about clothing, foot wear and tools will be published later. Please save the dates.

## **Causal Vacancy**

JK Rowling used the term for the title of her novel of the same name. In a nutshell 'casual vacancy' refers to the powers given to local councils to coopt a new councillor if there is a resignation between elections. NPC has a casual vacancy and is keen to encourage residents to come forward to serve the community and make a difference. Please contact Cllr Mike Williams, Chair of NPC, to discuss what's involved - email: m.williams@nashvillage.org.

### Alison Robinson

clerk@nash-bucks-pc.gov.uk, M: 0775 6247186

### The Parish Council members:

Cllr David Carter

Cllr Rhys Collins

Cllr Kathy Hickey

Cllr Sally Howard

Cllr Mike Williams

Cllr Barry Wyke

Cllr Len York

d.carter@nashvillage.org
r.collins@nashvillage.org
k.hickey@nashvillage.org
s.howard@nashvillage.org
m.williams@nashvillage.org
b.wyke@nashvillage.org

The Buckinghamshire Council in the Winslow Ward team comprises:

Cllr John Chilver john.chilver@buckinghamshire.gov.uk
Cllr David Goss david.goss@buckinghamshire.gov.uk
Cllr Sir Beville Stanier beville.stanier@buckinghamshire.gov.uk

## **Nash Alert**

If you wish to keep up to date with events in Nash and with planning applications that affect the village, then you should subscribe to Nash Alert which keeps every-one informed. If you are not already on the system please email <a href="mailto:alertfornash@gmail.com">alertfornash@gmail.com</a>

# **Nash Websites**

The Parish Council's website can be found at www.nash-bucks-pc.gov.uk

The Nash Village website can be found at www.nashvillage.org

The village website has separate tabs for the church and the village hall and contains information about the history of the village and village events.

The views expressed by contributors to this newsletter are not necessarily those of the Editor or Nash PCC.

Inclusion of an advertisement does not constitute any recommendation or endorsement of the organisations concerned.

# A message from the social committee including the cafe and festival teams.

As we slowly enter back into our normal worlds, Nash Village Hall social events are opening up with the return of the PUMP in June, the return of the outdoor cinema planned for in August and the return of the live quiz in September.

We have been asked about the cafe and the festival by many and rest assured the social team are working with the relevant teams to see what is feasible to run, bearing in mind first and foremost, the safety of our volunteers and our villagers and friends and family attending our events. We hope to have more activities planned throughout the course of the year and into next year available for your diaries very soon.

In the meantime, please see below for events expected to run over the next couple of months.

Thank you.

Mary

Nash Social Committee will ensure more details are circulated nearer the time but keep a note in your diary!

Watch out for more details via the usual social media and the www.Nash-Social.weebly.com website.

## **August Events - Date for your Diaries**

• Friday 20th August - The Return of the Outdoor Cinema

## <u>September - Dates for your Diaries</u>

- Saturday 4th September Farewell Event to Andy our Postman in conjunction with the September Pump
- Friday 17th September The Return of the Quiz!
- Saturday 25th September Outdoor Cinema at the Pond -'Where we're going, we don't need roads!'

# **Outdoor Cinema Showings**

August: Do you Feel The Need...The Need For Speed?

Then come and join Maverick, Goose, Iceman and friends for a sky full of fighter jets...

Guess the Film - Grand Pooh-bah

Mike & Ali at 36 Holywell Cottages, Thornton Road are hosting Mr Cruise on Friday 20<sup>th</sup> August 2021 Sunset is at 8.15pm with the film starting at 8.30pm



Please do arrive a little earlier with your drinks and nibbles to enjoy before the film starts (and chair if possible- although some available).

Feel free to donate should you wish, with all funds raised going towards the upkeep of the village hall.

Please let us know on <u>infoatnashvillagehall@gmail.com</u> should you wish to book a place as space is limited. Or message Ali on 07796 148444

September: Taking you back to 1955!

Des and Kathy are hosting at the Pond Barn, Wood End on Saturday 25th September.

Do you like Delorean sports cars? Skateboard chases? Bit disappointed the way year 2020 turned out?



Come To see what we thought The Future would be, way Back then.

Sunset at 6.41pm, so please arrive from 6.30pm for a 7pm start. Please come supplied with nibbles, drinks and chairs for a good night out in Nash.

Feel free to donate should you wish, with all funds raised going towards the upkeep of the hall.

Please let us know on <u>infoatnashvillagehall@gmail.com</u> should you wish to book a place as space is limited.

Keep an eye on the Facebook Page, WhatsApp, and Nash alert for updates as these events are weather dependant!

## THE RETURN OF THE NASH QUIZ!

17th September

Now that we are slowly beginning to get back to some sort of normality, I am delighted to say that we will be running the Nash Quiz once more at the Village Hall.....

There is still a possibility we may still not be allowed to have large groups of people in the building. However, fear not for the plan is to run the quiz outside in the car-park (if we can't use the Hall). To that end, tables and chairs will be set out, the Fish and Chip van will be visiting - so don't forget to bring your own nibbles and drinks.....remember the more you drink, the cleverer you become!!!

Clearly, it is all weather dependent.....but it does promise to be a lot of fun - and as usual, there will be prizes for first place, last place and best team name!

Additionally, there will be the raffle (all donations welcome!)

If you have never attended a quiz before, please come along. It is a great way to meet your fellow villagers - and see for yourself the severe lack of knowledge we have as a community!

Teams are usually made up of a maximum of 6 people (though we can be flexible.....it's only a bit of fun after all). To that end, please let me know if you are likely to attend & how many people will be on your team - and I will reserve a table for you.

There is a cost per person of just £5 (a ridiculously low price considering the topnotch entertainment and high quality prizes on offer). Pay on the night - but do let me know if you are coming!!!

The event will be run at the Village Hall on Friday 17th September. Starting at 7:30pm sharp.....

For table reservations, please contact: <a href="mailto:phil.doran@hotmail.co.uk">phil.doran@hotmail.co.uk</a> or telephone/message <a href="mailto:o7872675707">07872675707</a>

# FURTHER IMPORTANT NEWS ABOUT ANDY, **OUR** POSTMAN - BUT MUST BE KEPT SECRET!

To ALL the villagers of Nash - whether you have lived her for 5 weeks or 50 years.......

You may be aware that Andy (our postman) retires from the Postal Service this year.....and this is something we simply can't ignore! Come rain, snow, sun or wind Andy has been an ever-present postie for Nash for nearly thirty years.

An opinion shared by so many of us in Nash is that Andy is so much more than a postman. For a lot of us, he has become a friend. He keeps a protective eye on us all, holds back post when we go on holiday (so there isn't a visible pile up of letters) and he puts parcels in safe places we request so we don't have to go to a post centre to pick them up. Equally, he is also someone who will stop and chat with you - and you never feel you have to rush the conversation; your time is his time.

Well now is 'the time' to say thank you in true Nash style - and here is my ask of you. The next big social event for Nash will be The Pump (at the Village Hall) on <u>Saturday, 4th September (from 7pm</u> onwards) and we plan to make Andy the special guest - as we honour him for all he has done for Nash.

At The Pump will be a specially commissioned Post Office Post Box. The idea is that everyone who attends can post a thank you card or letter for Andy. Children (and adults) can post pictures or photos of him. In short, it is your opportunity to say thank you! If you don't attend the Pump, the Village Hall will be open the day before to enable you to post your letter - or you can drop it off at my house!

Many, many thanks in advance.....by the way, NOT A WORD TO ANDY !!!!

The idea is Andy then has the days and weeks following The Pump to read all the letters and sense the love and respect we have for him.

Additionally, at The Pump feel free to give him a small gift if you so wish). There is NOT a collection being made as a lot of people have stated they want to personally give Andy something. To that end, a safe area will be made available at the Pump for them.

At the Pump, you will be able to witness a bit of history! We will be presenting Andy with the key to the village - something nobody has ever received before! in short we will be making Andy an honorary Nashite!

Continued...

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Finally, (and and thank you to those who have done so already) I would love it if everyone could send me a brief video clip of themselves <u>taken</u> on their phones) on their doorstep simply saying 'thank you Andy'. I will find someone who can edit them all together to music (again, suggestions please)......however, this only works if you send them soon - and as many people as possible do it! [Details of where to send your clip are at the bottom of this notice. If you want me to come to film the clip for you, please also contact me].

It promises to be a special night for a very special man. Thank you Villagers of Nash. I know how much you think of Andy - so I know you'll get involved. Send clips, suggestions, music choices etc to: <a href="mailto:phil.doran@hotmail.co.uk">phil.doran@hotmail.co.uk</a> or drop them off at my house: Cherry Tree House, Thornborough Road, Nash Tel: 01908 520533.

### From the Editor

Welcome to the August/September edition of the Nash Newsletter.

Items for the October-November 2021 edition should be sent to me, Anna White, by email: annajmwhite@gmail.com

The closing date for submissions is Friday 24th September 2021

And finally an enormous thank you to Margaret Hedges for keeping things running so smoothly as Acting Editor, and for your help as I take over the reigns. I hope I will be able to live up to your standards!

### **Refuse Collections**

The council collect refuse in our area on the following dates but please check on <a href="https://www.aylesburyvaledc.gov.uk/find-your-bin-day">https://www.aylesburyvaledc.gov.uk/find-your-bin-day</a> for updates

**Food waste**: Every Tuesday

**General waste:** Tuesdays 10 & 24 August, 7 & 21 September **Recycling:** Tuesdays 3 & 17 August, 1, 14 & 28 September

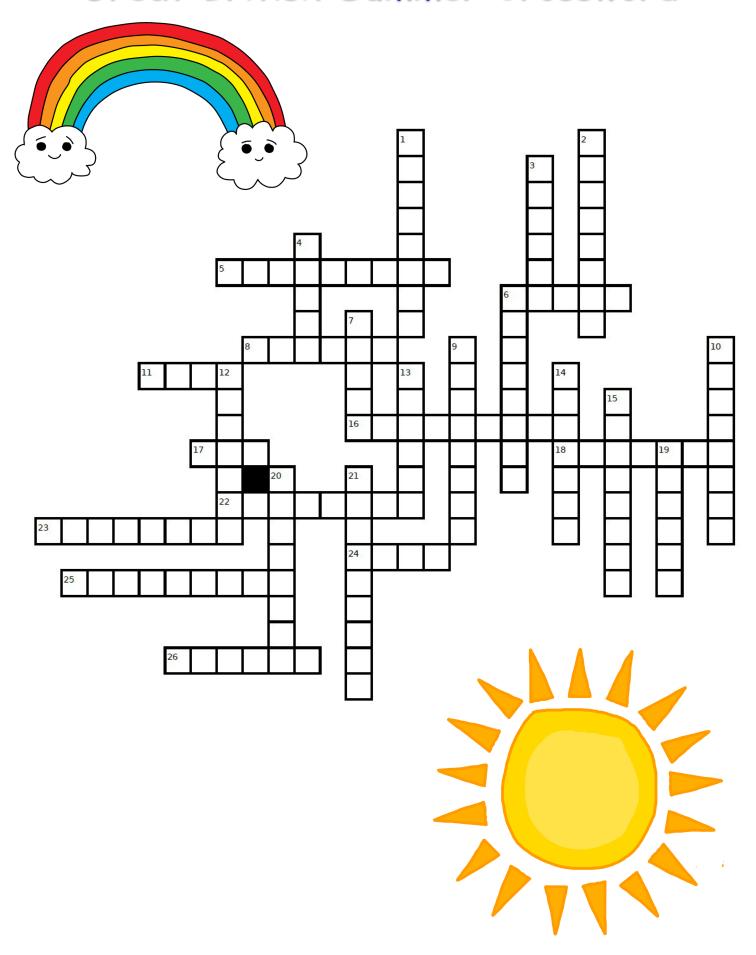
Garden waste: If you are subscribed to the garden waste service, the

collections take place on the same days as general waste.

If a collection is missed, then report this within 48 hours either by phone

(01296 585858) or via the website.

# Great British Summer Crossword



### Down:

- 1. extremely hot day
- 2. no sun is visible
- 3. quick/light rainstorm
- 4. overflow of rain water
- 6. very light snowfall
- water in the sky that appears as a white or grey mass
- 9. a storm with lots of snow and wind
- 10. extremely hot weather that is much higher than average
- 12. a long period with no rainfall
- 13. cold
- 14. measurement for temperature
- 15. a single measurement of rain
- 19. light wind
- 20. protects you from the British summer
- 21. flash between a cloud and the ground

# Across:

- 5. a dangerous slide of snow down a mountain
- 6. ice crystals on a frozen surface
- 8. collection of rain water
- temperature that is warmer than average(in a cold season)
- 16. raining slightly
- 17. our closest star
- 18. colours in the sky
- 22. moisture in the air
- 23. the expected weather
- 24. small pieces of ice that fall during a storm
- 25. a tropical storm
- 26. brown/golden skin caused by long periods of sun exposure





# GRACE BARDIN GARMENTS ALTERATIONS & RESTYLING

With over 25 years' experience in fashion I offer friendly and reliable service in all aspects of garments alterations and restyling. My expertise and high quality workmanship is based on an in-depth knowledge of the structure and manufacture of both ladies and menswear, including wedding attire. My comprehensive service for ladies and gentlemen includes: Suits & Coats (Ladies and Gentlemen)

I specialize in the alterations or restyling of "Occasion Wear" and Men's Dress-Wear: Cocktail and Evening Gowns: Bridal Wear including Couture Wedding Gowns, Bridesmaids, Flower Girls and Page-Boy Outfits, Groom Wear as well as the Mother and Father of the Bride & Groom. Cravats & Waistcoats for Wedding and Special events

I am located in the Stony Stratford area and would welcome the opportunity to discuss your requirements. **Please contact Grace on:** 

Phone: 01908 567 326 or Mobile: 0747 9280 400

Email: grace-bardin@hotmail.co.uk Website: www.gracebardin.co.uk



# LUNCHTIME YOGA



Get the week off to a great start with a hatha-inspired flow class designed to re-energise, stretch & strengthen!

# MONDAYS | 12.30-1.30 NASH VILLAGE HALL

### **STARTS MONDAY 2ND AUGUST!**

Single class: £8

Class Pass: 5 classes for £35 Please bring your own mat.

## WHATSAPP 07912254780 TO BOOK

& for more info

(limited numbers so please try to book ahead of time!)

SUITABLE FOR BEGINNERS!



# bespoke:

bridal, occasion, sportswear dancewear, skating costumes personalised gifts hand-made greetings cards



by appointment only at The Studio, Nash. Bucks
07725 951 450

e: cassie.ivorydesign@gmail.com | fb: @cassie.ivorydesign w: ivorydesign.co.uk





# Did you know doing just one YOGA class is proven to improve sleep quality by 20%, reduce stress by 28% & reduce pain by 19%?

## All you need is a great teacher to guide you through:)

Start practicing yoga from your home with Breathe Happy - <u>personal attention</u> from our teachers and our <u>safe community</u> will keep your yoga classes fun and motivating!



## Newsletter Advertising Rates:

Full page: £15 per issue, or £80 for

six issues

(i.e. a full year)

Half page: £7 per issue or £40 for

six issues

(i.e. a full year)

Small Ad: £4 per issue or £21 for

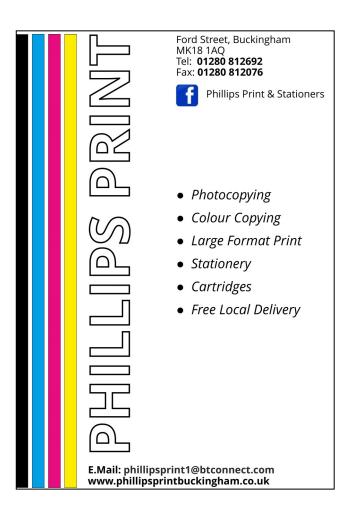
six issues

(i.e. a full year)

Please contact Margaret Hedges

m.s.hedges@btinternet.com

if you are interested







# **Buckingham Wills & Probate**

Part of Bicester Wills Ltd

- Standard Single Will £225
- Standard Mirror Wills £325
  - Bloodline Wills £625
- Lasting Power of Attorney
   Property & Financial Affairs £325
  - Lasting Power of AttorneyHealth & Welfare £325
- Both Lasting Powers of Attorney £500
  - Probate Assistance from £1,500
- Pre-paid Funerals Plans from £1,700

Gail and the Team offer a friendly estate planning service Home visits no extra no extra Come in and see us
The Garage, Castle Street
Buckingham MK18 1BS
or phone

01280 811201

lesley@buckinghamwillsandprobate.co.uk www.buckinghamwillsandprobate.co.uk





# Relax with Yvonne Clifford Therapies

# JUNE TREATMENT OF THE MONTH: 'SUBLIME WELLNESS'

Drift away as your **Feet** are **exfoliated** with an organic **Geranium and Orange scrub** from Neal's Yard Remedies. Layers of a deeply **nourishing mask** will then be massaged into the feet which will work wonders on dry, dehydrated skin. **Heated booties** will be worn to keep your feet cosy and boost circulation.

Next, slip into a state of deep relaxation with a **Natural Lift Facial Massage** which will help **strengthen and tone your facial muscles**, leaving you looking refreshed and energised with a younger, stress free face. Neal's Yard Remedies soothing Rose facial organic oil will be applied which replenishes your skin's natural moisture levels, providing a natural revitalising boost. This facial treatment also includes a **Shoulder, Neck and Scalp Massage** to help you completely unwind.

To conclude, you will benefit from a tension-relieving **Back, Neck and Shoulders Massage** with an organic rosehip oil which promotes tissue healing and collagen synthesis which keeps skin smooth and supple. Massage pressure is adapted to suit client preferences and desired outcomes.

### **The Upgrade Option**

Upgrade to a **blissful 2 hour treatment** and enjoy the deeply therapeutic and balancing powers of **Reflexology** which will leave you with a **profound feeling of wellbeing**. A Geranium and Orange balm will be used to restore radiance and vitality to dull and dry skin.

Cost: £69 for 90minutes or £89 for 120 minutes

All Treatment of the Month offers can be viewed here: www.yctherapies.com/offers

Call: 07814 487716

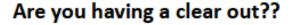
Book Online via Treatwell: <a href="www.yctherapies.com/contact">www.yctherapies.com/contact</a>
Email: relax@yctherapies.com

Professional Massage & Beauty Treatments for everyone

NEW LOCATION from 29 MAY 2021

Place Eight Wellness, Dodley Hill Farm, Station Road, Swanbourne, MK17 0SR

# Great Horwood C of E School Fundraising





## Help the school raise money for our

## 'Sensory Trail & Remembrance Garden' project

Working with a local company, Great Horwood School is collecting unwanted, good quality items. The items are weighed and a donation is made to the school based on weight.

Your unwanted clothing and textile items will not only raise money for the school but will be re-used saving on landfill waste.

We collect all types of clothing, footwear and accessories along with household textiles



- Curtains
- Towels
- Bed Linen
- Clothing
- Handbags / Purses
- Belts
- Footwear
- Bras for Bra Bank
- Soft Toys

(donated to orphanages overseas)

Non-branded School Uniform

Drop off at the school anytime between 7.30am - 4.00pm during term time

Please contact Deborah in the school office on:

## office@greathorwoodschool.org

If you have any questions or would like to drop off clothing donations.



### HOW TO ACCESS AND USE THE NASH VILLAGE DEFIBRILLATOR

# WHAT IS A DEFIBRILLATOR OR AUTOMATIC EXTERNAL DEFIBRILLATOR (AED)?

A defibrillator or AED is a portable defibrillator especially designed for people with little or no medical background. It is a computerised medical device that delivers an electrical current through the chest which aims to shock the heart back into a normal rhythm allowing it to pump again. Rapid response using automated technology can significantly improve the quality of life of a survivor. The longer the brain is starved of oxygen, the more damage can occur.

### WHAT ARE THE PROCEDURES FOR ACCESSING THE DEFIBRILLATOR?

In an emergency you must **call 999** making sure that you give the address from which you are calling. If you use your mobile telephone, this will access any network it is able to link to, regardless of the carrier. Your mobile will transmit your GPS position.

The Nash village defibrillator is located on the wall to the right of the village hall main entrance.

### **HOW IS THE DEFIBRILLATOR ACTIVATED?**

In all cases dial 999 first. It is really important to know that the professionals are on their way. The ambulance service will give you the access code to the defibrillator box. If you are willing, they will ask you to get this and commence the relevant actions. If you are on your own, ask friends or neighbours to collect the defibrillator from the village hall. When applied to the patient, voice commands, and screen messages will guide the user step-by-step through the process and its intelligent technology will only allow it to shock a 'shockable' heart rhythm.

### DO I NEED INDEMNITY INSURANCE TO USE A DEFIBRILLATOR?

No. The patient is for all intents and purposes 'dead' when you arrive. Using cardiopulmonary resuscitation (CPR) with a Community Public Access Defibrillator (CPAD) will hopefully bring them back to life. No one will complain about that! However, calling 999 and taking instructions from the ambulance service will automatically cover you anyway under their insurances. *Remember that you must call 999!* 

## **DEFIBRILLATOR MAINTENANCE**

The village defibrillator is checked every month by the Village Hall Maintenance Manager. The results of the checks are then recorded on the Community Heartbeat Trust website.

**NOTE:** These access instructions can be used anywhere. Calling 999 from your mobile will give your location. The local ambulance service will guide you to the nearest CPAD.

PLEASE KEEP THIS SHEET FOR FUTURE REFERENCE – Hopefully you will never need to use a CPAD.